



U.S. NAVAL SEA CADET CORPS

CHART YOUR COURSE

FREEDOM TRAINING CONTINGENT MAA SEABAG LIST 2017

NAME:

| QTY | ITEM | NOTES | MALE/ FEMALE | PACKED |
|-----------------------------|--|--------------------------------------|-----------------|--------|
| REQUIRED ITEMS | | | | |
| 1 | NSCC I.D. CARD | WITHOUT EITHER ITEM, CADET WILL BE | M/F | |
| 1 | NSCC SERVICE RECORD | SENT HOME IMMEDIATELY | M/F | |
| 1 | SEABAG | WILL BE USED FOR STORAGE | M/F | |
| 1 | LOCK | FOR SEABAG | M/F | |
| 1 | SHOE SHINE KIT | NO QUICK SHINE | M/F | |
| 1 | SEWING KIT | | M/F | |
| 1 | WRIST WATCH | | M/F | |
| 1 | FLASHLIGHT, SMALL | BRING ONE SET OF EXTRA BATTERIES | M/F | |
| 2 | WHITE TOWELS | | M/F | |
| 2 | WHITE WASHCLOTHS | | M/F | |
| 2 | WHITE FLAT BED SHEETS | NO FITTED SHEETS | M/F | |
| 1 | PILLOW AND WHITE PILLOWCASE | | M/F | |
| 1 | BLANKET | SOLID DARK COLOR | M/F | |
| 1 | MESH LAUNDRY BAG | | M/F | |
| 1 | 1-INCH 3 RING BINDER | LOOSE LEAF PAPER AND PENS/PENCILS | M/F | |
| NAVY WORKING UNIFORM | | | | |
| 2 | BLOUSE, NWU | WITH PROPER RANK AND FLASHES | M/F | |
| 2 | TROUSERS, NWU | WITH NAMETAPE | M/F | |
| 1 | NWU COVER, 8-POINT | | M/F | |
| 1 PR | COMBAT BOOTS | BLACK LEATHER 8-9" UPPER, NO ZIPPERS | M/F | |
| 2 Pairs | BLOUSING STRAPS | | M/F | |
| 1 | WEB BELT AND BUCKLE | | M/F | |
| 1 | PARKA AND LINER | OPTIONAL BUT HIGHLY RECOMMENDED | M/F | |
| 2 | TURTLE NECK | OPTIONAL, NAVY BLUE OR BLACK | M/F | |
| UNDERGARMENTS | | | | |
| 7 | NAVY BLUE T-SHIRTS, CREW NECK (NWU) | NAVY OR NSCC GRAPHICS PERMITTED | M/F | |
| 7 | BLACK BOOT SOCKS | | M/F | |
| 7 | WHITE SOCKS | CREW CUT | M/F | |
| 7 | UNDERWEAR | | M/F | |
| 5 | BRA'S | | F | |

| PT UNIFORM | | | | |
|---|----------------------|---|-----|--|
| 2 | PT SHORTS, NAVY BLUE | USNSCC PREFERRED | M/F | |
| 2 | PT SHIRT, GOLD | NAVY OR NSCC GRAPHICS PERMITTED | M/F | |
| 1 PR | SHOES, ATHLETIC | NO SKATER, BASKETBALL, OR CONVERSE SHOES ALLOWED. MUST BE MAINLY BLACK OR WHITE, NO BRIGHT COLORS | M/F | |
| 3 | BRA'S, ATHLETIC | | F | |
| 1 | NAVY BLUE SWEATSHIRT | NAVY OR NSCC GRAPHICS PERMITTED | M/F | |
| 1 | NAVY BLUE SWEATPANTS | NAVY OR NSCC GRAPHICS PERMITTED | M/F | |
| HYGIENE | | | | |
| 1 | SHOWER/HYGIENE KIT | TOOTHBRUSH, TOOTHPASTE, DEODORANT, SHAMPOO, SOAP, NAIL CLIPPERS, ETC. | M/F | |
| 1 PR | SHOWER SHOES | FLIP FLOPS | M/F | |
| | SHAVING KIT | NO AEROSOLS | M | |
| | HAIR SUPPLIES | NO AEROSOLS | F | |
| MAA REQUIRED ITEMS (SEE WEBSITE, NSCCFREEDOMTRAINING.COM FOR MORE INFO) | | | | |
| 1 | MOUTHGUARD | | M/F | |
| 1 PR | BLACK BELT | 1.5" STURDY INNER DUTY BELT | M/F | |
| 4 | BELT KEEPERS | | M/F | |
| OPTIONAL ITEMS | | | | |
| | WATCH CAP | | M/F | |
| | EARRINGS | SILVER BALL 1/8" - 1/4" | F | |
| | LONG UNDERWEAR | | M/F | |
| | SPENDING MONEY | ZIPLOCK BAG WITH AMOUNT AND NAME | M/F | |
| | GLOVES | BLACK | M/F | |

* THERE IS NO STORAGE IN THIS FACILITY. YOU WILL BE USING YOUR SEABAG TO STORE ALL ITEMS.

- PROHIBITED ITEMS** - No weapons, lighters, tobacco/vape products, excessive jewelry, make-up, alcoholic beverages, unauthorized medication, pornographic/obscene material, snacks or candy, and anything not listed above.
- CONTROLLED ITEMS** - These items must be turned in at check-in: Personal electronic/tablets/computers/cellphones, wallets, and spending money.
****Unauthorized possession of prohibited or controlled items will result in immediate dismissal from training.**
- OWNERSHIP MARKINGS** - Mark all items according to Navy regulations.
- DRESS UNIFORM** - There will not be a formal graduation ceremony, DO NOT bring your SDB's. Check-in in NWU's.
- MEDICATIONS** - All meds (even over the counter meds) MUST be surrendered at check-in.
- QUANTITIES** - The list above only contains the minimum number of items you must bring to training. You may bring greater quantities as long as it fits in your one seabag.
- Place socks, underwear, toiletries, and other items in large labeled ziplock bags.
- Have the following items readily accessible at check-in: service jacket, medications (if applicable), cell phone and money (commercial travelers only).